Speed reading for lawyers

Synopsis

"It's easy to see how speed reading could make my life easier, but going faster will mean losing out on detail, won't it?"

Well, no, actually.

Here's a course that pays attention to both speed and comprehension, and helps you to develop a range of techniques so that you can read faster and more effectively.

Duration

6 hours or a series of shorter sessions

Format

Workshop using practical exercises and a range of written materials.

Delegates

Any lawyers who want to increase their reading speed and comprehension
Maximum 8 per course

Outcomes

As a result of attending the course, you will:

1. build your range of reading skills
2. learn how to choose techniques appropriate to the text
3. learn how to increase your reading speed and maintain or improve your comprehension

Content

Measuring reading speed
Speed and comprehension assessment
What happens when I read?
Eye movements, silent voices, regression and concentration
Better comprehension
Analysing structure - how has the writer organised the text?
Attentive reading skills
Getting the most from dull or complex material
Increasing speed
Pacing, skimming, summarising, retaining, and remembering.
Strategies for reducing risk
Flexibility - using the right techniques at the right times
Measuring my reading speed
Final speed and comprehension assessment

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